

This online guide features the most common braces for ALS. Find trusted information, helpful tips, and expert video clips.

Neck Braces



The Headmaster Collar has an open design with a padded metal frame that you can bend to adjust.



Cervical neck collars support the neck and have a rigid plastic structure with foam padding.

Wrist Braces and Hand Splints



Functional wrist braces stabilize your wrist to help you with daily activities.



Resting hand splints help stretch your fingers to prevent them from contracting.



Finger splints can help align and stabilize the middle joints of your fingers.

Ankle Foot Orthoses (AFOs)



Standard AFOs wrap around the back of your calf and help if you have foot drop.



AFOs with frontal support help stabilize your knee, ankle, and foot.



Larger custom AFOs can provide greater overall support and stability.

Visit www.yourALsguide.com/braces